



Berry bad news

Halle's ex and fiancé reportedly get into a violent battle over Thanksgiving weekend that ends in broken bones PAGE 14

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STAMPED OUT

Toronto Argonauts players hold the Grey Cup after defeating the Calgary Stampeders in CFL action Sunday. The Argos downed the Stampeders 35-22 to win the 100th Grey Cup before a home crowd at the Rogers Centre. More coverage of the game on page 22. NATHAN DENETTE/THE CANADIAN PRESS

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Wortley Village

Committee to tackle landmark, mayoral leave

A council committee is expected to recommend the next step Monday in an effort to breathe new life into a Wortley Village landmark.

The YMCA of Western Ontario is interested in partnering with the city to take over the former Normal School (165 Elmwood Ave.) and surrounding land from the province. But the non-profit has only committed to footing about \$400,000 of the estimated \$5 million worth of renovations needed at the old teacher's college.

Members of the finance and administrative services committee will consider a variety of options, including whether city money should be spent on the project.

The committee is also expected to vote on a motion that would open the door for full council to ask that Mayor Joe Fontana take a leave of absence as he fights criminal charges.

METRO

In the red

Scarves to promote AIDS awareness

London is about to be covered in red as Regional HIV/AIDS Connection marks AIDS Awareness Week.

Volunteers will start hanging red scarves around the city and handing them out to supporters early Tuesday.

More than 300 knitted scarves — similar to the red ribbon that's been synonymous with HIV/AIDS awareness since 1991 — have been donated.

For details about events planned for AIDS Awareness Week visit hivaidconnection.ca. **METRO**



Marianne Griffith builds an Earthship school in Sierra Leone using recycled materials. The Londoner traveled to Africa in 2011 to participate in the build and will be heading to Guatemala in January for another sustainable-building project. **CONTRIBUTED**

Helping to turn trash into shelter

Off the grid. Londoner planning fourth project abroad with group building 'radically sustainable' homes

AMANDA GRANT
london@metronews.ca

Marianne Griffith was on a documentary kick six years ago when she came across Garbage Warriors.

The film profiled Michael Reynolds, an American architect who created Earthship, a "radically sustainable" meth-

od of home building.

Reynolds' ideas spoke to the Londoner, prompting her to start researching Earthship and learning about its projects around the world.

Now Griffith, 29, is preparing for her fourth building project. She'll travel to Guatemala in January with 39 other volunteers to build a home for a family living in poverty.

"This will be the longest time that I've spent with a crew, and the first time I've completed a building from start to finish," Griffith said.

"I'll be arriving to a pile of dirt and will be leaving with a home standing in its place."

The Earthship technique,

developed by Reynolds, uses recycled materials like tires, pop cans and glass bottles to build a structure.

A geothermal heating and cooling system and a system for solar power are built with the help of trained electricians and engineers.

The idea is to create homes and schools that are self-sufficient and environmentally friendly.

Earthship partners with NGOs and volunteers to take on projects in Africa and South and Central America in hopes of empowering communities often ravaged by poverty.

"We are providing people control and power over their

own life," Griffith said. "Each build is 100 per cent off the grid and includes a system for sustainable food production, in this case a grain food facility."

How to help

- Griffith hopes to raise \$1,700 to help build a sustainable home in Central America, a region that was affected by a massive earthquake earlier this year.
- To donate, email marian-negriffith@live.ca.

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Road conditions

Drivers handle first winter blast with ease: London police

Snowy weekend weather may have surprised Londoners, but it didn't cause any crashes on city streets, police say. London was hit with

snow squalls between Friday and Sunday, causing poor visibility and slippery roads.

Drivers should continue to look out for ice this week.

Environment Canada is calling for more flurries Monday, Wednesday and Friday. Temperatures will hover around the freezing mark.

ANDREW SERCOMBE/FOR METRO

Holiday sales

Old East opens doors to shoppers

Old East Village will have its second Christmas open house from 10 a.m. to 5 p.m. Saturday. Stores along Dundas Street will have special sales and giveaways. Shoppers who spend at least \$5 will have a chance at a \$100 gift basket. METRO

Cops seeking info

Gun found in Thames River

London police and firefighters fished a firearm out of the Thames River after it was spotted Saturday by someone passing by. The revolver was found near the east side of the Adelaide Street bridge at Ada Street. METRO

Donate mo money

Mo Bros and Sistas plan stylin' closer

A closing Movember ceremony is planned Friday from 5 to 9 p.m. at Jim Bob Ray's. Tickets cost \$15 and include food, music, and beer and wine tastings. Proceeds will benefit the Movember campaign. METRO

Curbing drunk driving

Police start holiday R.I.D.E.

The OPP has launched its annual Festive R.I.D.E. program, an effort to curb drunk driving during the holidays. During last year's campaign, 682 drivers were charged with impaired driving. AM980/AM980.CA

Chakma given thumbs-up to stay at Western

Vote of confidence.

Board extends president's contract more than a year before end date



JOHN MATISZ
john.matisz@metronews.ca

Amit Chakma will continue at the helm of Western University until at least mid-2019.

Eighteen months before Chakma's contract was to expire, the university's board of governors has offered the president and vice-chancellor a second five-year term.

The contract allows Chakma, a petroleum engineer, to stay on at Western until June 30, 2019, the day before the 10-year anniversary of his hiring.

"I am keenly aware of the great leadership that came before me and on which we continue to build," Chakma, 53, said in a statement released by the school. "Western is at an important point in our history as we begin an important strategic planning process, and I encourage all members of the campus community to participate in helping shape the future of this great institution."



Amit Chakma CONTRIBUTED

Before coming to London, Chakma was a vice-president at the University of Waterloo. He has also worked in Waterloo's department of chemical engineering and as a dean at the University of Regina.

Chakma, a native of Bangladesh, completed his undergrad studies at the Algerian Petroleum Institute in Algeria before earning his master's degree and a doctorate from the University of British Columbia.

He is Western's 10th president and vice-chancellor.

A look back

Amit Chakma was named Western University's president and vice-chancellor in July 2009. He succeeded Paul Davenport.



The art of festive fundraising

Ashley Waugh, 24, left, and Alan Shelley, 23, both of London, check out one of the 25 Christmas trees on display Sunday during the Ontario Lung Association's Festival of Trees at Citi Plaza. Cities across Ontario participated in the fundraiser to benefit respiratory health. London businesses and restaurants decorated trees with gift certificates and ornaments. The trees were raffled off Sunday afternoon. AMANDA GRANT/FOR METRO

Fill the kettle. Salvation Army calling on Londoners

The Salvation Army has set a \$450,000 goal in the London area for this year's Christmas kettle fundraiser.

The campaign started Friday and will continue throughout the holiday season.

Last year's campaign raised more than \$425,000 locally.

The agency's overall goal for 2012 is \$21 million. Donations can be made online at fillthekettle.com.

ANDREW SERCOMBE/FOR METRO

Aquatics. New names added to 'wall of fame'

The names of nine inductees were placed onto the wall of fame at the Canada Games Aquatic Centre.

Joe Bartoch and Richard Hortness were inducted in the category for Olympic athletes. Jake Armstrong, Dave

Chisholm, Haley Nell, Bryn Jones, Rob Clark and Adam Deffett were recognized for individual achievements in aquatics. Kim Galloway was honoured in the category for founders and builders.

ANDREW SERCOMBE/FOR METRO

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Lightning ride winning streak

The London Lightning's Adrian Moss, right, moves the ball up court against the Oshawa Power's Amani Daanish, left, and Courtney Small at Budweiser Gardens on Sunday. The undefeated Lightning beat Oshawa 126-107. They take the court next at 7 p.m. Thursday against the Saint John Mill Rats at Budweiser Gardens.

ANGELA MULLINS/METRO

Tierney's game is evolving, but work is not done yet

Ontario Hockey League.

Hunter family working as team to round out Knights forward



JOHN MATISZ
john.matisz@metronews.ca

The tag "one-dimensional" is used a lot in sports.

And for good reason: There are plenty of one-dimensional players out there.

Chris Tierney is trying his best to separate himself from the phrase, and its negative connotation.

It's been a work-in-progress, but the 18-year-old San Jose Sharks draft pick is starting to fill his tool belt with something different than offensive flair.

Over two-plus seasons in the Ontario Hockey League, the London Knights forward — who had a goal and an assist in the Knights' 3-0 Saturday victory over Owen Sound — has evolved into an enticing package.

"I really didn't know how to play D at all," said Tierney, looking back on his introduction to major junior hockey. "That's the thing with being with the Hunters ... they've really taught me how to be a



London Knights forward Chris Tierney, left, battles for the puck earlier this season in a game against Owen Sound. JOHN MATISZ/METRO

good two-way player."

It's been a complete family effort.

Assistant coach Dylan has been helping dad/head coach Dale, as well as uncle/general manager Mark, turn Tierney's weaknesses into strengths.

Dylan started noticing a difference during last year's Memorial Cup run when the Keswick native responded well to an assignment on the then-fourth line of Tierney, Josh Anderson and Bo Horvat.

"Some guys don't want to do that," Dylan said of Tierney taking on something unfamiliar, "but he took it in stride and

did very well for us. He never complained and worked hard."

Tierney has worked diligently on his approach in the faceoff circle. It's paid off with the Knights trusting him in late-game situations.

At the same time, he hasn't forgotten to polish his offensive skills.

"I'm trying to work on my shot, too, getting it harder and quicker," he said. "That's really one thing I'm trying to improve on."

Follow John Matisz on Twitter @Metro_JMatisz



Tierney's stats

Chris Tierney's offensive numbers over the years:

- 2009-10. 57 games, 35 goals, 90 points (minor midget season for York Simcoe Express)
- 2010-11. 47 games, 3

goals, 11 points (rookie season with Knights)

- 2011-12. 65 games, 11 goals, 34 points (sophomore season with Knights)
- 2012-13. 26 games, 5 goals, 16 points (so far this year)



Chris Tierney CONTRIBUTED

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Female inmate alleges she was 'thrown in the hole' for no bra

Dress code. Niagara artist says she received 2 weeks in segregation cell, 5 days pulled from early release date



JESSICA SMITH
Metro in Toronto

An inmate at the Vanier Centre for Women in Milton, Ont., has filed a complaint alleging correctional officers put her in a segregation cell and tacked on five extra days to her sentence because she refuses to wear a bra.

"I was locked down in a segregation cell from the morning of Nov. 1 to the afternoon of Nov. 15. I was first charged with misconduct for not wearing a bra," Jeannette Tossounian, who is currently serving a sentence for arson, wrote in a letter to Metro.

"A few days later, I was charged with another mis-

conduct for saying I don't want to wear a bra and was given five extra days to spend in jail from my early release date, December 2013."

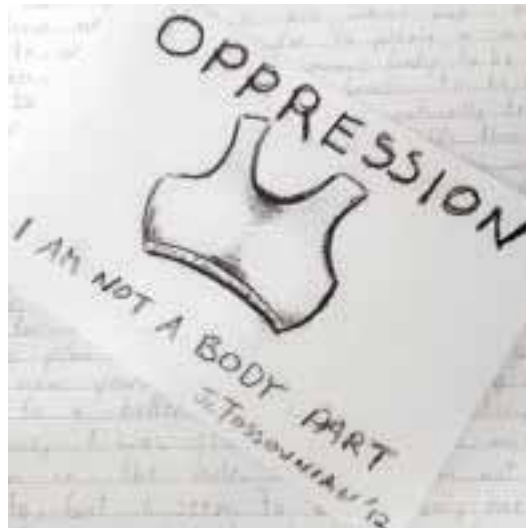
The Elizabeth Fry Society confirmed that Tossounian has filed an official complaint about the incident.

Ministry of Community Safety and Correctional Services spokesman Brent Ross would not comment on the allegations, but confirmed that female inmates are required to wear bras.

"We have policies in place to ensure inmates are treated justly and humanely in all sections of our facilities, including segregation," he said in an email response. "While incarcerated, inmates can be awarded remitted time, which is a reduction of a sentence for good conduct, and they can also lose their remitted time or have their privileges suspended if they commit a serious misconduct."

Tossounian said her aversion to bras wasn't always a problem for her in jail.

"I was incarcerated at



The letter and illustration sent to Metro by Jeannette Tossounian. METRO

Vanier for eight-and-a-half months and was braless the whole time before I was locked down. I guess the guards had better things to do than stare at my chest,

examining for looseness," she wrote. "As soon as I put in a request to change to a better unit so I could participate in more programs, I was charged with these misconducts and

Cruelty claims

"No matter what an inmate does, if the institution wants to punish, they will get punished."

Inmate Jeannette Tossounian, writing in a letter to Metro

thrown in the hole."

Tossounian wrote that she has never been a bra-wearer and believes studies that link wearing a bra to breast cancer, a premise not widely accepted by the scientific community.

"To (force) a woman to wear a bra, inmate or not, is a violation of human rights. It is sexual discrimination that breaks a woman down into body parts that must be controlled because these parts are female," she wrote.

Tossounian also wrote that the incident made her feel helpless.

"Some inmates end up losing their minds, even to the point of committing suicide," she wrote. "I have to remain



Jeannette Tossounian, an inmate at Vanier Centre for Women in Milton, Ont. TORSTAR NEWS SERVICE

strong."

Tossounian's lawyer for the appeal of her sentence, Vanessa Christie, said her client's account of what happened is "disturbing."

Follow Jessica Smith on Twitter @jessicacatherine



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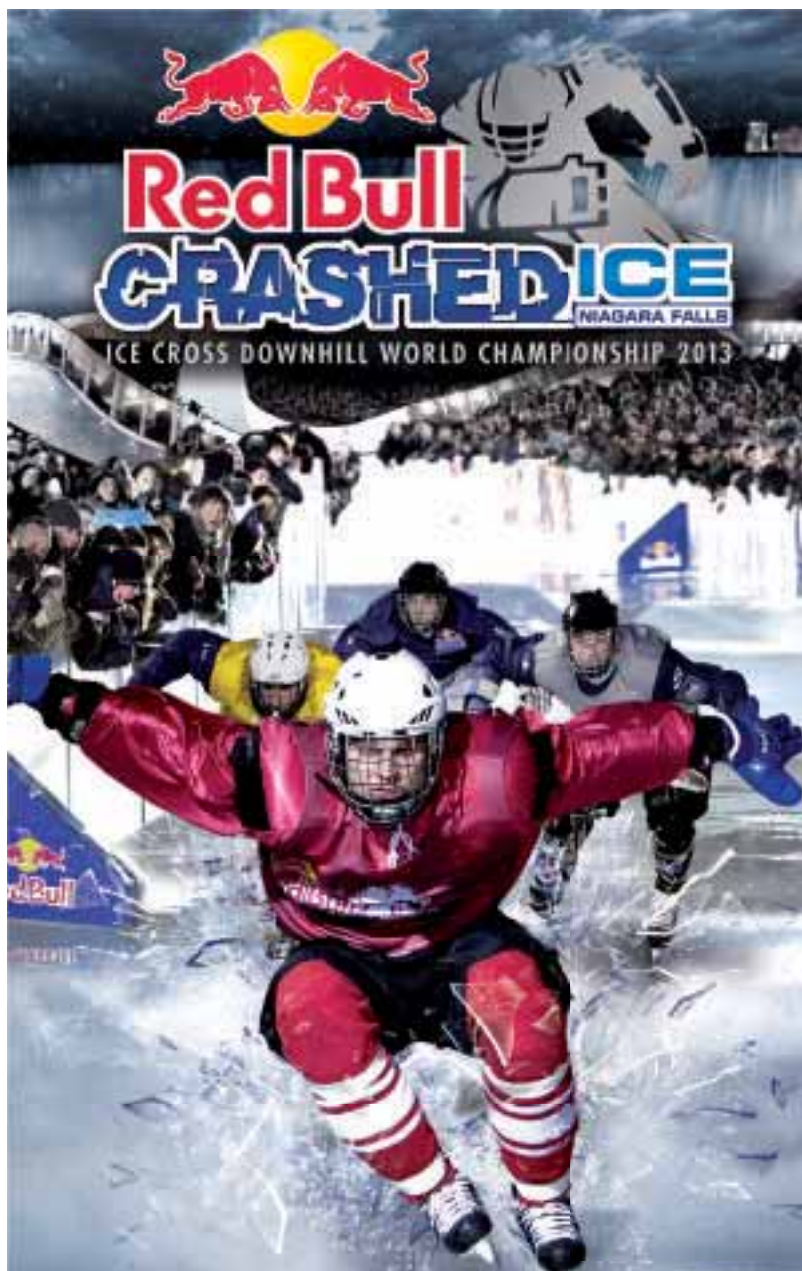
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People console a woman whose relative was killed in a fire at a garment factory outside Dhaka, Bangladesh, Sunday.
HASAN RAZA/THE ASSOCIATED PRESS

Devastating inferno

Bangladesh. At least 112 people killed in a fire that raced through multi-storey garment factory outside capital

The death toll could rise in a fire that struck outside Bangladesh's capital city on Sunday, as the search for victims continues, an official said.

The blaze broke out at a seven-storey factory operated by Tazreen Fashions late Saturday evening. By Sunday morning,

firefighters had recovered 100 bodies, fire department operations director Maj. Mohammad Mahbub told The Associated Press.

He said another 12 people who had suffered injuries after jumping from the building to escape the fire later died at hospitals. The cause of the blaze was not immediately clear, and authorities have ordered an investigation.

Bangladesh has some 4,000 garment factories, many without proper safety measures. The country annually earns about \$20 billion from exports of garment products, mainly to

the United States and Europe.

Relatives of the factory workers were frantically looking for their loved ones. Sabina Yasmine said she saw the body of her daughter-in-law, who died in the fire, but had no trace of her son, who also worked at the factory. "Oh, Allah, where's my soul? Where's my son?" wailed Yasmine, who works at another factory in the area. "I want the factory owner to be hanged. For him, many have died, many have gone."

Mahbub said firefighters recovered 69 bodies from the second floor of the factory alone.

THE ASSOCIATED PRESS



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Morsi's bid for more power causes turmoil

Supporters and opponents of Egypt's president on Sunday grew more entrenched in their potentially destabilizing battle over the Islamist leader's move to assume near absolute powers, with neither side appearing willing to back down as the stock market plunged amid the fresh turmoil.

The standoff poses one of the hardest tests for the nation's liberal and secular opposition since Hosni Mubarak's ouster nearly two years ago. Failure to sustain protests and eventually force Mohammed Morsi to loosen control could consign it to long-term irrelevance.

Clashes between the two sides spilled onto the streets for a third day since the president issued edicts that make him immune to oversight of any kind, including that of the courts.

A teenager was killed and at least 40 people were wounded when a group of anti-Morsi protesters tried to storm the local offices of the political arm of the president's Muslim Brotherhood in the Nile Delta city of Damanhour, according to se-



In this Nov. 23, 2012 photo released by the Egyptian presidency, President Mohammed Morsi speaks to supporters outside the presidential palace in Cairo, Egypt. EGYPTIAN PRESIDENCY/THE ASSOCIATED PRESS

curity officials.

It was the first reported death from the street battles that erupted across much of the nation on Friday, the day after Morsi's decrees were announced. The officials, who spoke on condition of anonymity because they were not authorized to speak to the media, identified the boy as 15-year-old Islam Hamdi Abdel-Maqsood.

The tensions also dealt a fresh blow to the economy, which has suffered due to the

problems plaguing the Arab world's most populous nation since Mubarak's ouster.

Egypt's benchmark EGX30 stock index dropped 9.59 percentage points Sunday in the first trading session since Morsi issued his decrees. The losses were among the biggest since the turbulent days and weeks immediately after Mubarak's ouster in a popular uprising last year. The loss in the value of shares was estimated at close to \$5 billion.

THE ASSOCIATED PRESS

Politics

Feds off-loading part of pledge to resettle refugees

The federal government is seeking to off-load some of its international promises to refugees onto the private sector. They're asking community groups to sponsor 1,000 of the refugees the Canadian government has told the United Nations it will resettle over the next three years. THE CANADIAN PRESS

Gaza Strip

Violation of truce with Israel would be a sin: Cleric

A leading Islamic cleric in the Gaza Strip has ruled it a sin to violate the recent ceasefire between Israel and the Hamas militant group that governs the Palestinian territory — according to the religious legitimacy to the truce and giving the Gaza government strong backing. THE ASSOCIATED PRESS

Rebel group

Congo and M23 rebels negotiate in Uganda

Congolese officials were in talks Sunday with representatives of M23, the rebel group that last week took control of the eastern Congo city of Goma, according to Ugandan officials. The Ugandan defence minister is mediating discussions to help reach a settlement. THE ASSOCIATED PRESS

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U.S. retail figures

Turkey and discounts

In the U.S., Thanksgiving shopping on Thursday took a noticeable bite out of Black Friday's start to the holiday

season, as retail sales in stores fell slightly from last year. Hundreds of thousands of shoppers hit sales Thursday evening while still full of their Thanksgiving dinner. **THE ASSOCIATED PRESS**

Why wait for Boxing Day? Deal season comes early

Black Friday, Cyber Monday. Longtime U.S. discount weekend is now taking root on Canadian soil

As hype surrounding Cyber Monday and Black Friday spreads north of the border, experts say the burgeoning week-end-long holiday sales event could soon surpass Boxing Day as the busiest shopping period of the year.

With the frenzy of what could be Canada's biggest-ever Black Friday over, deal-seekers are turning their focus to Cyber Monday, a day of deep online discounts held the Monday after the busiest shopping day of the year in the U.S.

For years, both events were largely U.S. phenomena that had Canadians who wanted to participate visiting American websites or making cross-border trips on the day after U.S. Thanksgiving, which marks the start of the crucial holiday shopping season when retail-



Shop online, avoid mall fatigue: Cousins Maricruz Munoz, 15, left, and Monica Murillo, 15, sleep on a break from Black Friday shopping at Woodland Hills Mall on Friday, in Tulsa, Okla. Cyber Monday and Black Friday are spreading north of the border, experts say, and may soon surpass Boxing Day as the busiest shopping period of the year.

MIKE SIMONS/TULSA WORLD/THE ASSOCIATED PRESS

ers turn profits, or go "into the black."

But a combination of factors — U.S. competitors setting up shop in Canada, Canadian retailers trying to keep sales local, Canadians' shifting shop-

ping habits and tight-fisted consumers with shaky confidence in the economy — are helping to establish the events on Canadian soil.

Willy Kruh, global chairman in retail markets at KPMG, said

he wouldn't be surprised if the four days from Black Friday to Cyber Monday soon overtake Boxing Day, now expanded to Boxing Week, as the best period for retailers in Canada.

THE CANADIAN PRESS



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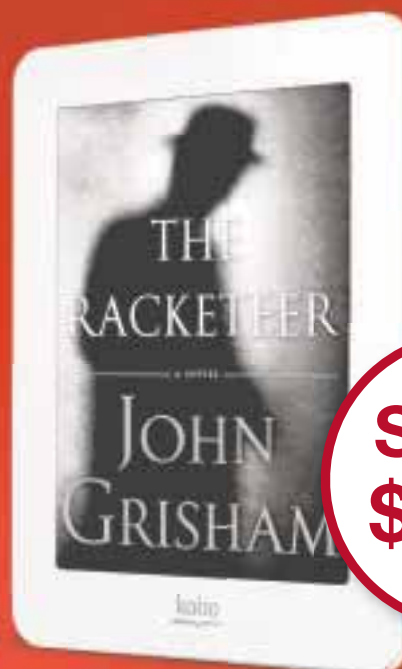


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LONDON COACH GETTING PEOPLE OFF THE SIDELINES



**URBAN
COMPASS**
Todd Devlin
london@metronews.ca

The question came up at a coaching clinic Dave Hocking attended as part of his football certification: What happens when a player doesn't have equipment?

It was something Hocking had faced, and he knew a solution wasn't always easy. He also knew he didn't like seeing young kids on the sidelines simply because they couldn't afford equipment.

Cleats for Kids attempts to tackle that problem in London, giving more youngsters an opportunity to play sports. The organization, which Hocking started with his wife, Jeanie, accepts donations of gently used equipment for football, baseball and soccer and distributes it to needy families.

"Every year you see kids where the parents just can't afford the cleats," said 32-year-old Hocking, who first got involved as a coach with his son's London Minor Football Association team three years ago. "Kids are being left out, especially at a young age. We just don't want to see any kid go without."

Cleats for charity



CONTRIBUTED

"Our main focus (in the winter) will be to really push the charity. My wife and I love doing it, and, hopefully, it will continue to grow."

Dave Hocking,
London football coach

The couple started the charity with modest goals last spring. But, when Hocking was laid off, he had some extra time to put in the effort while between jobs.

The coach nabbed a few sponsors and formed a partnership with London's Source for Sports, which has been providing Cleats for Kids with free footwear.

The charity also got support from the Southend United Sharks soccer club, whose players donated cleats and jerseys collected from the community. Hocking's players have also been involved in equipment drives on top of their outreach activities, such as community cleanups.

"Sports goes beyond the actual field," said Hocking, who now coaches two minor football teams and the junior squad at John Paul II Catholic Secondary School. "Kids learn social skills and they take a lot of leadership out of it. There are a lot of positive qualities."

Jeanie said her husband has always emphasized to his players the importance of giving back and using sports as a vehicle for personal growth.

"It's important to him that the kids learn to take pride in their neighbourhood and their ability to help out," she said. "You don't need money to collect donations or volunteer your time. He tries to set a good example."

Jeanie isn't the only one who has noticed her husband's work on and off the field.

Earlier this year, 16 parents nominated the Londoner for the 2012 NFL Canada youth coach of the year award. Hocking found out two weeks ago that he'd come out on top of the 350 coaches nominated from across the country.

Not used to being in the spotlight, he admits answering all the media calls has been a bit awkward. Still, he's embraced the honour in hopes it will help spread the word about Cleats for Kids.

"That would be the biggest thrill for us," he said. "Our main focus (in the winter) will be to really push the charity. My wife and I love doing it, and, hopefully, it will continue to grow."

For more information, visit cleatsforkidslondon.com.

Follow Todd Devlin on
Twitter @UrbanCompassLdn



Many CDs make light work



OLI SCARF/GETTY IMAGES

Art installation

Artwork puts CDs in a good light

An artist has created a festive display of light, using thousands of old CDs. Bruce Munro's work, entitled Blue Moon on a Platter, forms part of the Christmas decorations at Waddesdon Manor in Buckinghamshire, England, a Neo-Renaissance style of a French château originally built for the prominent Rothschild family of bankers.

METRO

A lot of tracks

50,000

The number of unwanted CDs used in Munro's installation. Donated by a local recycling centre, they were placed on a grassy amphitheatre, which measures 28 metres across. The "moon," which measures 1.5 metres in diameter, is made up of 101 spheres containing coiled optic fibers. It glows with blue light, which is passed along the fiber optics via a metal halide projector. It took Munro and his team of more than a dozen volunteers one week to install.

Artist's viewpoint



"At dusk, when the CDs reflect the light from the sky, and the landscape is dark, the installation shines brightest and looks like a massive sequin bead."

Bruce Munro,
light installation artist

Q & A

Brighter when dark

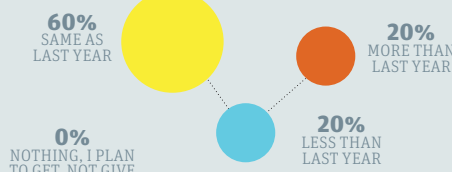
Metro: What's special about the material of CDs?

Munro: Their iridescent quality of reflecting light — they look just like a rainbow. But what's so unusual about the CDs is that they seem to reflect light better when there is not a lot of natural light around.



Register at metropolitanpanel.ca
and take the quick poll

How much do you plan on spending over the holidays?



Twitter

@Onterrioh:

Love how people still need to be warned that snow can make for slippery driving conditions LOL #LdnOnt

@annalajade:

I'm loving the look of this probably-quite-slippery snow. I love winter! #LdnOnt #fb

@ColestangBaker:

Beer pong with the roomie Saturday well spent #uwo

@VitVit18:

I love when my night's dreams involve #YEG and #WesternU... the two places that have my heart!

@Kris_Cliff:

End of term+losing pack of high-lighters equals a slight breakdown. #westernu

@Kerowhac:

Giving directions to people on campus makes me feel like a right proper local! #WesternU #uwo

No love for Bieber's halftime show from Grey Cup crowd

CFL. Bieber booed, Lightfoot lauded during splashy halftime show

Justin Bieber faced a hostile homecoming at the 100th Grey Cup on Sunday, with the jeering capacity crowd at the raucous Rogers Centre providing the teen idol with a reception as unyieldingly cold as a long Canadian winter.

The 18-year-old grew up roughly 150 kilometres down the road in Stratford, Ont., but that didn't help his cause with the rowdy crowd on hand, who took aim at the ubiquitous pop star whenever possible.

They booed when his face popped up on the JumboTron. They booed when a host spoke his name at the onset of halftime. And they booed with extra glee as he took the stage and throughout his medley of the finger-snapping, chart-topping hit *Boyfriend* and the disco-inflected club come-on *Beauty and a Beat*.

If Bieber was bothered by the boo-birds, it didn't show.

"It's an honour to be here at the Grey Cup in Canada," he said, a smile tugging at his lips despite the reaction.

"Make some noise. I said make some noise!"

Unfortunately, the crowd obliged. More boos.

Still, Bieber was outwardly unruffled. Clad in a black leather tank top with baggy pants and a gold chain dangling around his neck, he put in a lithe performance, slickly executing his steps surrounded by dancers dressed in black and gold letterman jackets branded with his second initial.

As he wrapped up *Beat* — which typically features a verse



Bieber haters booed extra loud during his performance of *Boyfriend* at the halftime show, but the superstar was unfazed. THE CANADIAN PRESS

from rap's reigning oddball queen Nicki Minaj — a dazzling array of pyrotechnic lights popped into the air and at first the crowd responded enthusiastically. But once again, the cheers dissolved into boos.

"Thank you so much Canada," Bieber announced, ignoring the response. "I love you." If the feeling of this particular crowd wasn't mutual, there were certainly omens. There were those early-game jeers any time Bieber's face popped up onscreen, and as fans poured into the Rogers Centre, few summoned much enthusiasm

for the teen idol.

Most figured that while Bieber is a bona fide draw — an international star and tabloid fixture whose latest record *Believe* became his third straight to reach multi-platinum status in Canada after its June release — most of those fans simply weren't at the game.

Surely, the CFL was hoping to court his army of tween followers (numbering more than 30.6 million), who hang on Bieber's every tweet but might otherwise be unlikely to tune into the Grey Cup game between Toronto and Calgary.

But the divide between Bieber's young, predominantly female fan base and the CFL faithful is as broad as a lineman's shoulders.

"Not a real big fan of Justin Bieber, sorry," said 52-year-old Johanna Ellis of Kitchener, Ont., as she navigated the Rogers Centre before the game. "It's not a very good choice in a stadium full of football fans."

Indeed, recent Grey Cup halftime performers have skewed toward the comparatively heavy likes of Bachman & Turner, Nickelback, Theory of a Deadman and Lenny Kravitz.

"J-Biebs doesn't scream football, you know? Neither does Carly Rae Jepsen," agreed Calgary's Ryan Prisque, 22.

"Gordon Lightfoot — that'll be the time I turn back from the beer gardens and watch."

The 74-year-old Lightfoot certainly did captivate the crowd Sunday. With the stadium lights down, Lightfoot opened the halftime show by materializing on a modest stage near the 50-yard line, dressed in black and strumming an acoustic guitar. The crowd roared. THE CANADIAN PRESS

2
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J.R. actor Hagman brought 'joy to everyone he knew'

Remembering a legend. Actor, who was reprising infamous role in a new edition of popular TV series, succumbs to cancer

J.R. Ewing was a business cheat, faithless husband and bottomless well of corruption. Yet with his sparkling grin, Larry Hagman masterfully created the charmingly loathsome oil baron — and coaxed forth a Texas-size gusher of ratings — on television's long-running and hugely successful nighttime soap, *Dallas*.

Although he first gained fame as nice guy Capt. Tony Nelson on the fluffy 1965-70 NBC comedy *I Dream of Jeannie*, Hagman earned his greatest stardom with *J.R.* The CBS serial drama about the Ewing family and those in their orbit aired from April 1978 to May 1991, and broke viewing records with its *Who shot J.R.?* 1980 cliffhanger that left unclear if Hagman's character was dead.

The actor, who returned as J.R. in a new edition of *Dallas* this year, had a long history of health problems and died Friday due to complications from his battle with cancer, his family said.

"Larry was back in his beloved hometown of Dallas, re-enacting the iconic role he loved

the most. Larry's family and closest friends had joined him in Dallas for the Thanksgiving holiday," the family said in a statement that was provided to The Associated Press by Warner Bros., producer of the show.

The 81-year-old actor was surrounded by friends and family before he passed peacefully, "just as he'd wished for," the statement said.

Linda Gray, his on-screen wife and later ex-wife in the original series and the sequel, was among those with Hagman in his final moments in a Dallas hospital, said her publicist, Jeffrey Lane.

"He brought joy to everyone he knew. He was creative, generous, funny, loving and talented, and I will miss him enormously."

"He was an original and lived life to the fullest," the actress said.

It was Hagman's masterful portrayal of J.R. that brought him the most fame. And the *Who shot J.R.?* story twist fuelled international speculation and millions of dollars in betting-parlour wagers. It also helped give the series a place in ratings history. When the answer was revealed in a November 1980 episode, an average 41 million U.S. viewers tuned in to make *Dallas* one of the most-watched entertainment shows of all time, trailing only the *MASH* finale in 1983 with 50 million viewers.

THE ASSOCIATED PRESS

Mourning

Fans pay respect

Tourists and locals flocked to Southfork Ranch on Saturday, bringing flowers in memory of Larry Hagman, who played the infamous J.R. Ewing on the TV show *Dallas*.

Hagman died in Dallas, Texas on Friday at age 81 due to complications from his battle with cancer.

Southfork, a ranch north of Dallas, was known to millions of viewers as the Ewing family home. Exterior shots of the house and pool were shown when the series aired from 1978 to 1991, although the show wasn't filmed there.

The ranch has been open for tours since the mid-1980s, and now sees more than 100,000 visitors each year. Each room of the house has a theme for each character.

On Saturday, J.R. Ewing's room had flowers and a card for tourists to sign.

"Today is about Larry Hagman and his family," said Janna Timm, a Southfork Ranch & Hotel spokeswoman. "He was such a wonderful person, and we will really miss him."



In this photo from 2008, Larry Hagman poses in front of the Southfork Ranch from *Dallas*. THE ASSOCIATED PRESS

Speculation abounds: Where will Disney take Star Wars next?



With Darth Vader dead, where will the Star Wars saga go next? THE ASSOCIATED PRESS

New trilogy. Facts are scant — but there are a plethora of novels and comic books that Disney can mine for ideas for new films

Darth Vader is dead. The evil Emperor exploded after being thrown down a shaft. And Luke Skywalker and his allies destroyed both Death Stars, restoring balance to the Force. For The Walt Disney Co., the prospective new owner of the Star Wars franchise, what's left to tell?

A lot, apparently. There are more than 110 novels and 80-plus comic books set after the events of Return of the Jedi, the sixth episode in the film series and the third to be made. All of these additions to the so-called "expanded universe" were sanctioned by Lucasfilm Ltd., founded by series

creator George Lucas.

That has left a lot of room for speculation ever since Disney announced last month that it would buy Lucasfilm for \$4.05 billion and resume making Star Wars movies, starting with Episode 7 in 2015.

For fans, some big questions remain.

Will Luke take on a Jedi apprentice? Will Han Solo and Princess Leia have kids? And who will be the movies' villain? (A) A revived Emperor; (B) the hard-to-kill bounty hunter Boba Fett; (C) some new corrupt leader of the remnants of the Empire, or (D), all of the above?

Each of these scenarios have been explored in some fashion away from the big screen. Whether they will be incorporated into the next trilogy of films is anyone's guess.

"Right now, everyone is literally just reading tea leaves," said Bryan Young, a Star Wars watcher and editor of the blog

Chasing clues

One of the most telling clues as to the next trilogy's direction is the fact that George Lucas invited Luke actor Mark Hamill and Princess Leia actress Carrie Fisher to lunch some time ago to tell them that the sequels were going to be made. This suggests that Luke and on-screen sister Leia will be involved.

Big Shiny Robot.

The facts so far about the announced Episodes 7, 8 and 9 are scant: Lucas will be a creative consultant but won't direct the films. Kathleen Kennedy will produce them as president of Lucasfilm. And Oscar-winning writer Michael Arndt, who wrote Little Miss Sunshine and Toy Story 3, will pen the screenplay for Episode 7.

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Tom Cruise. ALL PHOTOS GETTY IMAGES

Cruise flies in daughter for Thanksgiving

Even though Tom Cruise is currently on location in London filming *All You Need Is Kill*, he still got to spend Thanksgiving with his daughter, six-year-old Suri Cruise, who was flown in for the occasion, according to *Us Weekly*.

The holiday was the

"first time he's seen Suri in a long time," a source says.

Ex-wife Katie Holmes, meanwhile, headed to her parents' home in Toledo, Ohio, for the big day before returning to New York for a Friday evening performance of her Broadway play, *Dead Accounts*.



METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Berry caught in the middle as ex-boyfriend and fiancé go to war

It was a pretty dramatic Thanksgiving for Halle Berry as her ex-boyfriend Gabriel Aubry and fiancé Olivier Martinez came to blows during an argument when Aubry dropped off Nahla, the four-year-old daughter he shares with Berry, for the holiday, according to *The Associated Press*.

TMZ reports that Martinez broke his hand and sustained neck injuries in the fight, while Aubry walked

away with a broken rib, facial contusions and a possible head injury.

Sources tell *Us Weekly* that Aubry "initiated" the fight after having words with Martinez.

"He shoved Olivier, then punched him. Olivier just defended himself," a source says.

Aubry was arrested and released on \$20,000 bail.

He's due in court Dec. 13. Immediately following the scuffle, Berry obtained an emergency protective order against Aubry that forbids him from coming within 100 yards of Berry, Martinez or Nahla.

The order is set to expire Tuesday, but Berry is reportedly taking Aubry to court in hopes of making the restraining order permanent.



Taylor Swift

Swift talks about relationship mistakes she has made

Taylor Swift is well aware that she has a problem with falling in love too fast.

"I don't think there's an option for me to fall in love slowly or at medium speed. I either do or I don't. I don't think it through, really, which is a good and a bad thing," the 22-year-old singer tells *Parade* magazine, adding that in retrospect, her relationships don't always seem to be all that they are cracked

up to be.

"I tend to think things are love and then look back and re-evaluate," she says.

"I know how many people I've said, 'I love you' to. I could probably count it up, but I don't feel like it. Part of me feels like you can't say you were truly in love if it didn't last. If I end up getting married and having kids, that's when I'll know it's real — because it lasted."

Twitter



@tyrabanks

I feel like a Transformer!



@EmmaBunton

When can I put my Christmas tree up???



@ActuallyNPH

At Disney World for the 1st time with our kids. Peter Pan's Flight, their 1st ride ever. They loved it. I just sat there crying.



@RebelWilson

Today I gave back to the community by teaching kindergarten how to pose for photos fully gangsta

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Book excerpt

Going a little crazy?



IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

You've been home with the kids too long when...

1. You own Memory Books for all of your children. And they are up to date.

2. Sorting through orphaned socks in the laundry room is a serious contender for an exciting afternoon activity.
3. You start begging the children to do some arts and crafts with you.
4. You have checked your email 16 times in the past 15 minutes.
5. You take your daughter to more than one store to look for the perfect pair of back-to-school runners.

6. You have noted the dry clean pick-up time on your desk diary (you still have a desk diary?).
7. Home made Valentine's and Christmas cards sound like fun!
8. You don't have the children in the car, but you're listening to their Mother Goose Raps CD. Hey, that next song really rocks.
9. Your six-year-old asks you to put her teddy bear down for a nap while she's

- at school and wake him up just before she gets home. You do it.
10. When the neighbours get new windows, you call your husband to tell him. Twice.
 11. The appointment of a new school principal is a big deal. **EXCERPTED FROM JOURNEY TO THE DARKSIDE: SUPERMOM GOES HOME, BY KATHY BUCKWORTH, KEY PORTER BOOKS, SOON TO BE AVAILABLE ON AUDIBLE. VISIT KATHYBUCKWORTH.COM.**

Exclusively online

Mommy remembers the days when all she had in her fridge was three varieties of mustard. But now that you're born, meal planning has become slightly more complicated than choosing toppings off a pizza delivery menu. Follow along with the comedic (mis)adventures of mommyhood online with Reasons Mommy Drinks at metronews.ca/voices



Love at first bark or meow

Pets. If you think you're ready for your first pet, check out the essentials that you should consider

EMMA
GODMERE
life@metronews.ca

Got dog fever? Or maybe you're itching for a kitten? Adopting an animal for the first time can be a rewarding experience for any new owner. Studies show that pet ownership can be on par with human friendship when it comes to emotional benefits like increased self-esteem and fewer feelings of loneliness.

But with great company comes great responsibility. Even if you have your heart set on welcoming a lively German shepherd into your home, it's important to select the right pet for you, your family and your lifestyle.

"For single people, or households where people are out a lot, a dog's probably not going to be the best pet," suggests Dr. Simon Starkey, a veterinarian at PetSmart's headquarters in Arizona. Without company for extended periods of time, dogs can suffer from separation anxiety. Cats,

Tips

- **Adoption.** "You're saving a lot of money if you choose to adopt," says Cross. Many shelters ensure pets are spayed or neutered, vaccinated and microchipped before putting them up for adoption.
- **Breeders.** Dog-seekers may choose to approach breeders to find their pet. The Humane Society of the United States suggests seeking referrals for responsible breeders from dog-owning friends whom you trust. The Canadian Kennel Club also provides links to its member breeders at ckc.ca.

on the other hand, tend to be more independent and content spending less time with their owners.

But that's not to say a particular type of animal should be out of the question. Meet Your Match, a program spearheaded by the American SPCA, helps hopeful owners find the right kind of furry friend for them.

"It's like eHarmony for dogs and cats," says Alison Cross, spokesperson for the Ontario SPCA. Pets go through personality assessments while



The benefits of owning a pet come with responsibilities. ISTOCK

prospective owners complete questionnaires to identify traits and needs in order to make the best match for both parties.

Maybe a smaller, less de-

manding animal, like a hamster or a guinea pig, is more fitting to your lifestyle. Little creatures with much shorter life expectancies may be a great introduction to pet

Start sharing

Remember your first pet?

Was it a cat, dog or maybe a pet rock? Visit this article online, tweet us or even turn to the person next to you and share your memories of that special pet.

First in a series on firsts.

This is the first in a week-long series of articles chronicling some of the rites of passage many of Metro's readers will experience as they leave the nest or school and head out on their own.



care. Smaller animals still do require daily food and water top-ups and regular cleaning of cages and enclosures, with which the whole family can help.

Once you meet your new pet, finding a veterinarian and understanding the costs of taking care of the newest member of your family should be your next step. Vets will recommend the best type of food and tips for providing care.

"We were devastated when we learned we couldn't have children. Through the process of adoption, we welcomed two little boys into our home. Then a family member needed our help... and now we have seven children... six boys and a baby girl. Thank you CAS for helping us to realize our dream of having a family!"

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Snack bars are the go-to after-school treat for many kids. However, be wary of the empty nutrients.

2 Quaker Peanut
Butter Granola Bars

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fat/ 20 g sugar

Granola bars are not really a snack since they lack the substantial protein and fibre you need. The calories and fat are empty nutrients.



Equivalent

Two Quaker Peanut Butter Granola Bars are equal in fat to seven Honey Drop Timbits from Tim Hortons.

2 Rice Krispie
Squares

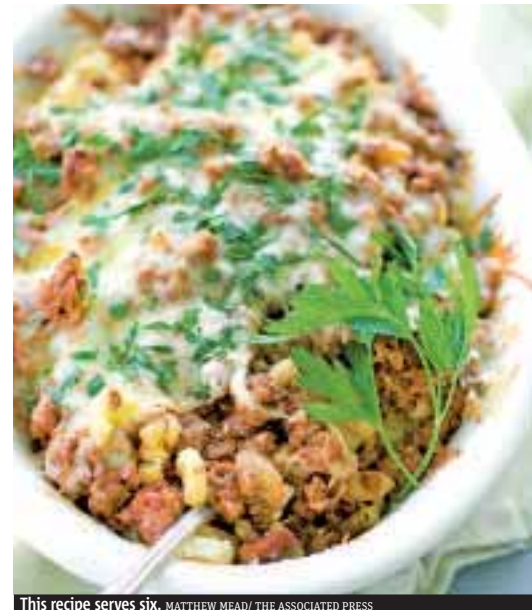
180 calories/ 6 g fat/ 1 g sat fat/
16 g sugar

If you want a sweet snack, choose this since the calories and fat are half and there's little saturated fat.

Give dinner an ooey,
gooey cheesy touch

"Forgive me for getting a little 'cheesy' here, but that's just what this one-dish wonder is all about: cheese," writes Dave Venable in his cookbook, *In the Kitchen with David*. "Everything we love about melted cheese — rich, ooey, gooeyness — is right here in this cheese-burger casserole."

1. Heat the oven to 350 F.
2. Bring a large pot of water to a boil. Add 1 tablespoon of the salt and the macaroni and cook until tender but still firm to the bite, 7 to 8 minutes. Drain well.
3. Heat a large skillet over medium-high heat. Add the beef and onion and cook, stirring, until the beef is well browned. Carefully drain the fat from the skillet, then stir in the tomato sauce, the remaining 1 teaspoon of salt, and the black pepper. Bring to a simmer over low heat while preparing the remaining ingredients.
4. In bowl, combine ricotta, sour cream, bell pepper and scallions. Spread half of the pasta in a 9-by-13-inch baking



This recipe serves six. MATTHEW MEAD/ THE ASSOCIATED PRESS

dish. Top with the ricotta mixture, then the remaining pasta. Pour the meat mixture over the top. Sprinkle with the cheddar and mozzarella.

cheese is melted and lightly browned, about 20 minutes. Sprinkle with parsley before serving.

THE ASSOCIATED PRESS/ DAVE VENABLE'S IN THE KITCHEN WITH DAVID, BALLANTINE BOOKS, 2012

5. Bake casserole until the

Ingredients

- 1 tbsp plus 1 tsp kosher salt
- 16-oz package elbow macaroni
- 2 lbs ground beef
- 1 large onion, chopped
- Two 8-oz cans tomato sauce
- 1/8 tsp ground black pepper
- 1 cup ricotta cheese
- 1/4 cup sour cream
- 1/3 cup chopped green bell pepper
- 1/3 cup chopped scallions
- 1/2 cup shredded cheddar cheese
- 1/4 cup shredded mozzarella
- 1/4 cup parsley, chopped

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Are you driving your co-workers coconuts?

Offensive at the office. Have your colleagues been ducking under their desks when you approach? You might want to rethink your behaviour

BRUCE
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Author and motivational speaker Rick Brinkman has been speaking to companies for over two decades. In the mid-'90s he co-authored the workplace classic, *Dealing With People You Can't Stand*, utilizing psychological research to help co-workers avoid brawling in the cubicles.

What's the most common type of annoying co-worker?

Annoying is in the eye of the beholder, and there are different types of annoying people. For instance: If someone makes commitments they don't keep, I might find that annoying to no



Have a co-worker who creeps over the cube walls? iStock

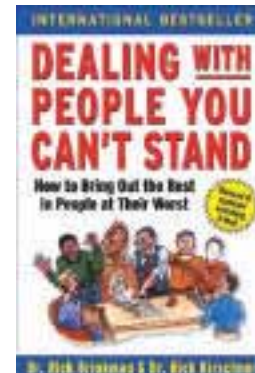
end. But you may intuitively know how to slow down and make it safe for that person to make a realistic commitment. Your particular annoyance may be whining. But that doesn't even show

up on my radar.

How do you know if you are, in fact, the annoying person at work?

When people read our book, they tend to recognize

what they do very quickly. It's somewhat innocent, and we all do at least one of these behaviours now and again. It's just that there are certain ones we're more likely to go to under stress.



Opposite irritants

“Your particular annoyance may be whining. But that doesn't even show up on my radar.”

Rick Brinkman
Dealing with People You Can't Stand

How do you cut back on your own annoying behaviours?

You can start by recognizing the particular type of negative behaviour that comes out of you under stress. Then ask yourself, “How is this working for me? Am I

getting what I want? What reactions am I getting from others?” Usually people find that this behaviour is creating their own worst nightmare. Once they realize that, it's easier to change.

Is there a difference between how we exhibit these behaviours at home versus the workplace?

Yes! It can be totally opposite. Some people are a total “tank” (overly controlling) at work and a “nothing” (nonresponsive) at home. I recently interviewed a CEO who was very much a get-it-done control person at work. But she noticed she was whining to her husband about the business. Her husband could not understand how she could run a company, because she constantly presented herself as a victim. But the behaviour is totally different, because the context of the relationship is totally different.

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BROWSING ON YOUR BROWSERS

SHOPPERS SURFING FOR THE BEST DEALS

You know by now about Black Friday, the deeply discounted shopping day that kicks off the U.S. Christmas shopping season. But how about Cyber Monday?

As Bill Rand explains it, Cyber Monday grew as an online counterpart to Black Friday, which generally falls after the U.S. Thanksgiving. “The idea was that online retailers would offer great holiday deals the Monday after (American) Thanksgiving similar to the deals that brick and mortar shops offer the Friday after Thanksgiving,” says Rand, the assistant professor of marketing and director for the University of Maryland’s Robert H. Smith School of Business. But recently, Cyber Monday has become a bit of a misnomer, Rand adds. “Originally,

Cyber Monday was on Monday because people would be at their work computers on Monday, but with the growth of the use of tablets and smartphones for online commerce, Cyber Monday had been extended and now many of the deals are offered on Black Friday as well.”

That’s the emerging trend marking 2012’s Cyber Monday — the appearance of deals as early as the Friday morning before. “Given the recovering economy and the fact that consumers are feeling more positive about their wallets than they have in a while, retailers are looking to capitalize on this trend by offering discounts and deals to get them in stores — or in the case of Cyber Monday, on to their website,” Rand says. “Black



Friday was originally called Black Friday because it was a single shopping day that could put a retailer into the ‘black’ or profitable for the whole year. And retailers hope that this year will definitely bear out that name.”

According to the Toronto-based Interac Association, about 19 per cent of Canadians report they will likely shop online on Cyber Monday. “And according to our Interac survey, online shoppers expect to spend an estimated average of \$303 that day,” says Teri Murphy, senior manager, corporate and stakeholder relations. Hot

items include video games, books, ebooks and DVDs, clothing and accessories, computers, tablets, e-readers, mobile phones and MP3 players.

“And the release of the new Wii U and several major games means the video game market should remain strong,” adds Rand. “Other technology items like HD TVs will remain popular. Often during downturns people put off buying new TVs and other consumer durables that are failing, and so as we come out of the downturn these items tend to be purchased at a sharper rate.” — *Astrid Van Den Broek*



DEALS ‘WORTH IT’ FOR CANADIANS

Unlike Black Friday deals, some of which have you packing a sleeping bag to park yourself early in front of Walmart, Cyber Monday deals can be done from the comfort of your laptop.

But how can you best take advantage of these deals?

Hone in on your favourite online stores first such as Amazon or Best Buy, to see if their sites are offering any deals that particular weekend, says Bill Rand, the assistant professor of marketing and director for the University of Maryland’s Robert H. Smith School of Business. “Also, search online to see if any of the ‘brick and mortar’ stores you normally shop at also maintain an online presence,” he suggests.

Yet, even with deeply discounted products available, is it worth it for Canadians to try and take advantage of these online deals?

“Given the current exchange rate between the US and Canada — it’s almost equal — and the fact that shipping rates are lower than ever, there will be quite a few deals that will still be worth it,” says Rand. He also notes that many deals aren’t even shipping from the U.S. anymore, so the difference in shipping prices should not be large.

“For instance, Apple has announced a bunch of deals for Friday and most of that ships from China anyway,” says Rand. Yet to be sure, when shopping online, check all the additional fees, especially shipping and taxes, before hitting the checkout button.

It also helps if you do some research ahead of time to see how much products generally cost. “Many sites publish deals they plan to offer beforehand so look at these flyers to determine if the price is

a good price, or if they just marked up the deal a week before to mark it down again,” Rand advises. “Slickdeals.com is a website that has a great reputation for providing research about any deals you find and determining if there is a better deal out there.”

What are some of the best sites to check out? Along with Slickdeals.com — which also collects the Black Friday/Cyber Monday deals in one place — FatWallet.com is another site to click on.

“It works as an affiliate merchant which means they provide links to other Web sites and then earn a small commission on any sales originating from FatWallet,” Rand says. “FatWallet then returns some commission to consumers so you get the standard deal and you earn a few percentage points back on your purchase as well.” — *Astrid Van Den Broek*

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BARGAINS A CLICK AWAY

SHARE TO EARN REWARDS WITH NEW MARKETPLACE ONLINE AT SHOP.CA

Pam Bryant loves a good deal, and when she signed up at the online mall shop.ca, she didn't know the half of it.

What caught the eye of 38-year-old Bryant was the \$25 sign-up bonus, which she could use on her first purchase of \$100. She went shopping on the website almost immediately, bought a well-priced LED TV, and used the bonus money towards it. Bryant liked the TV so much she shared the purchase on her Facebook wall and a few weeks later, posted a review — and that's when things got really good. When one of her friends clicked on her post and signed up to shop.ca, Bryant got a referral credit of \$25. Then, when her friend spent her first \$75 on the same TV, Bryant received 1 per cent of that purchase amount in her account too.

"It was way more than I bargained for," says Bryant, a wife and mom in Hamilton, Ont. "It's all about sharing information on my social networks, which I do all the time anyway, and now I get cash rewards in return."

"Our innovative Social Loyalty Network sets us apart from any other Rewards program," says Trevor Newell,



founder and president of shop.ca. "We want Canadians to share the products they love with their friends, and we'll reward them for doing so every step — and share — of the way."

Shop.ca is a new and exciting online marketplace that features millions of products and thousands of brands from around the world. You can buy everything from living room furniture to pillows and tools.

Shop.ca has streamlined the whole process of online shopping in Canada, according to Drew Green, founder and chief executive officer.

When you buy at shop.ca, all your purchases go into one shopping cart, with a simple checkout process and multiple payment options. Once ordered, shop.ca ensures your order is delivered right to your door.

There aren't cross-border duty charges

THE SOCIAL LOYALTY NETWORK

Do you like to talk to your friends about the things you buy? Now you can turn that pastime into cash, says Trevor Newell, founder and president of shop.ca.

Members of the Social Loyalty Network at shop.ca can get from 1 to 2.5 per cent cash rewards when they share their purchases and post reviews via Facebook, Twitter, LinkedIn or by email. They can also earn when a friend buys the same product from a link they shared.

Members also get \$25 for every person they refer to shop.ca and when that friend makes a first purchase of \$75 or more.

Sign-up is free and all new members get a \$25 sign-up bonus to spend on a \$100 purchase and 0.5 per cent cash rewards as a starting point on every purchase they make. That 0.5 per cent can turn into 2.5 per cent when they share and earn at shop.ca.

— or hassles — and there's no charge for shipping or returns. The return policy gives you up to 365 days to return an item.

Says Green: "We also have an amazing team of customer loyalty leaders right here in Canada who chat on the phone or online with you. They've even been known to drive to houses to get a product to somebody if there's been a delivery hiccup."

THE WORLD'S COOLEST 'ROBOT TOYS'

KIDS OF ALL AGES WILL LOVE THESE CYBER TOYS



For Cyber Monday, shop.ca offers both the Sphero and Robosapien at a special price of \$109 each. But if you sign up today and become a member of shop.ca, you can use the \$25 sign-up bonus against the price.

THE AMAZING SPHERO

The Sphero is being heralded as the year's hottest gadget toy.

The Sphero smart "robot" is housed in a round and durable shell roughly the size of a baseball. You control it with a tilt, touch, or swing from your smartphone or tablet. Or, you can use Sphero as a controller for on-screen games.

Sphero is IOS- and Android-compatible, and there are lots of games and apps

available for download.

With the Sphero Golf app, for example, create a "hole," then swing your smartphone to put Sphero towards it.

The Chromo app lets you challenge yourself in a new way — by holding Sphero in your hand and moving it to match colours on your screen.

Or, download Sharky the Beaver, the first app that lets you take a virtual three-dimensional character for a walk around your house.

You get more than an hour of non-stop play, with cable-free induction charging.

THE WORLD'S FRIENDLIEST HOME ROBOT

Bring home WowWee's 14-inch Robosapien remote control robot — and watch the fun and silliness begin.

Designed by a NASA scientist, Ro-



bosapien has a full range of motions and interactive sensors as well as a unique personality.

Robosapien has fast, full function arms with grippers and working hands, and can walk, run and turn, shake hands, and even speak fluent international "caveman."

In all, there are 67 pre-programmed functions including pick-up, throw, kick, sweep, dance, belch, rap, and many different kung-fu moves.

Robosapien is easy-to-use with no complicated setup or need for a computer. It is easily controlled by an ergonomic remote and runs on regular batteries for more than six hours.

Argos give Toronto a championship

100th Grey Cup. Toronto holds on to win after hot start vs. Stampeders

A rugged defence staggered the Calgary Stampeders before Ricky Ray delivered the knockout punch and earned the Toronto Argonauts a historic Grey Cup victory Sunday.

Toronto's defence, under the guidance of former Calgary assistant Chris Jones, held CFL rushing leader Jon Cornish to 57 yards while pressuring quarterback Kevin Glenn before Ray's seven-yard TD pass to Andre Durie late in the game cemented the Argonauts' 35-22 win in the 100th edition of the CFL championship.

Toronto running back Chad Kackert, with 133 yards rushing, was the game MVP while defensive end Ricky Foley claimed top Canadian honours. Ray, obtained last December in a blockbuster trade with Edmonton, finished 18-of-30 passing for 231 yards and two TDs.

The Argos dominated a potent Calgary offence that scored 51 TDs this season — tied with Montreal for the league lead — holding it to just four field goals before Maurice Price's TD catch and two-point conversion with 20 seconds remaining.

Defensive back Pacino Horne brought the rabid Rogers Centre sellout crowd of 53,208 to its feet in the opening half. His key 25-yard TD interception return staked Toronto to a dominant 18-point



Toronto Argonaut Dontrele Inman scores a touchdown against the Calgary Stampeders to the delight of the hometown fans in the 100th Grey Cup game on Sunday in Toronto. DAVID COOPER/TORSTAR NEWS SERVICE

Grey Cup game

35

Argonauts

22

Stampeders

halftime advantage.

Calgary came in as the CFL's hottest team with 13 wins in 15 games after opening the season 3-4. Glenn guided the club to nine wins in 14 starts after incumbent Drew Tate injured his

shoulder, then replaced the injured Tate (forearm) to lead the Stampeders past the defending Grey Cup-champion B.C. Lions in last weekend's West final.

Calgary also boasted the CFL's top rusher in Cornish, the league's top Canadian after running for 1,457 yards this season.

But Glenn and Co. had no answer for Toronto's swarming defence as the Argos ended their season with a fifth straight victory.

Many of the enthusiastic fans at the Rogers Centre were on their feet as members of the

RCMP marched the Grey Cup to centre field while country star Johnny Reid — a former kicker at Bishop's University — opened the pre-game show with cheerleaders representing all eight CFL teams also on the turf.

And it became obvious early who the crowd's team of choice was as Calgary players received polite applause during the pre-game introductions before Rogers Centre exploded with loud chants of "Argos" when it was time for the Toronto offence to come on to the field.

THE CANADIAN PRESS

NFL. Colts rookie receiver leads charge past Bills

The playoff talk had been heating up in Buffalo all week.

T.Y. Hilton doused those dreams with two big plays Sunday.

Indianapolis's rookie receiver scored on a 75-yard punt return and caught an eight-yard TD pass, becoming the first player in team history to do both in the same game, leading the Colts to a 20-13 win over the Bills.

"It's frustrating, when you work hard all year to have a good season and get into the post-season," Bills safety Jairus Byrd said. "We dug this hole for ourselves."

If they want to end the NFL's longest active streak (13 seasons) without a playoff appearance, they're going to have to dig themselves out of that hole again.

The Bills settled for two field

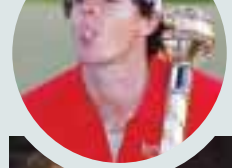


Colts rookie T.Y. Hilton celebrates a touchdown against the Bills on Sunday. GETTY IMAGES

goals before finally ending their TD drought with a one-yard TD pass from Ryan Fitzpatrick to Lee Smith with 11:30 left in the game. It was Buffalo's first TD in seven trips inside the opponents' 20-yard line.

THE ASSOCIATED PRESS

Sports in pictures



1 Auto racing. Vettel toughs out wild F1 finale

Sebastian Vettel overcame a first-lap crash to clinch his third straight Formula One championship title on Sunday, finishing sixth in an incident-filled Brazilian Grand Prix won by Jensen Button under pouring rain in Sao Paulo. THE ASSOCIATED PRESS

2 Golf. McIlroy proves clutch in Dubai

Rory McIlroy made five straight birdies down the stretch to overtake Justin Rose and win the Dubai World Championship on Sunday. THE ASSOCIATED PRESS

3 NBA. Spurs' Parker burns Raptors in OT

Tony Parker scored seven of his game-high 32 points in double overtime as the San Antonio Spurs handed the Toronto Raptors their fourth straight loss, 111-106, on Sunday afternoon. THE CANADIAN PRESS

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Horoscopes

Aries

March 21 - April 20

No matter how high you have flown in the past you will fly even higher this coming week. The Sun linked to Uranus in your sign will endow you with courage and confidence — but most of all with a sense of adventure.

Taurus

April 21 - May 21

Sacrifices will have to be made but there is no reason why they should be painful. The secret is to not let yourself get so attached to material things. Money is important, of course, but next to love and laughter it means nothing.

Gemini

May 22 - June 21

Let other people guide you this week. It will do you good to let family and friends take responsibility for making important decisions — and free up time and energy for you to have fun of a more personal kind.

Cancer

June 22 - July 23

Because you are such a generous soul you find it hard to say no when others ask you to help, but the planets warn you could end up taking on more than you can handle this week. Put your own health and happiness first.

Leo

July 24 - Aug. 23

If you insist that the world conforms to your way of thinking then, to put it bluntly, you are going to be disappointed. Why would you want everyone to think like you anyway?

Virgo

Aug. 24 - Sept. 23

Rise above petty people and petty squabbles today — let nothing disturb your peace of mind. Remember: it is not what others say or do that is important but how you choose to react to it. So don't react.

Libra

Sept. 24 - Oct. 23

It may seem as if you are getting lots done but according to the planets you are running around for no good reason. It's time to slow down a bit and take more care of what you are doing. Think quality, not quantity.

Scorpio

Oct. 24 - Nov. 22

Try not to do things for no better reason than you want to convince the doubters that you have what it takes. If you do that then in effect you are letting them dictate the course of events.

Sagittarius

Nov. 23 - Dec. 21

Today's Sun-Uranus link encourages you to do something out of the ordinary, something that shakes up the cozy little world you inhabit. If there is one thing you should always aim to avoid it is being predictable.

Capricorn

Dec. 22 - Jan. 20

Think about who you are, where you are going and what kind of an impression you want to make on the world. That might sound a bit heavy for the start of the week but you're in a philosophical mood.

Aquarius

Jan. 21 - Feb. 19

You will have to deal with a situation today that has occurred in one form or another many times before. If you can see the parallels with past events then it should be easy. If you don't, you'll make the same mistakes.

Pisces

Feb. 20 - March 20

A rival will underestimate how serious you are about your ambitions and that puts you at an advantage. For too long you have kept in the background when you should have been center. Go for it! **SALLY BROMPTON**

Crossword

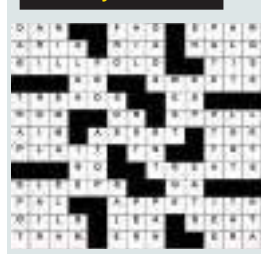
Across

1. Room often found in the basement
4. Graduation headpiece
7. Not bogus
11. One Day — Time (2 words)
12. Served at Cheers
13. Rowboat need
14. Lie on the beach
15. Actress Russo
17. Previously driven car
18. Children living at home
21. Granny on The Beverly Hillbillies (init.)
22. Major —
23. Above
25. Cone bearing tree
26. The World — War
28. — the season
29. Comic DeGeneres
31. — Lanka
32. San Francisco's st.
33. Small inlet
34. Singer James
35. Fault
36. —, myself and I
37. Out in front, often
42. Naked
43. Monicker
44. Caustic substance
47. Statuesque model
48. Old time actor Chaney
49. — Hudson Street
50. Printers measure
51. Breakfast choice
52. Country roads (abbr.)

Down

1. Alleyway denizen
2. Estimated time of arrival at airports
3. Halloween treats
4. Nag

Yesterday's Crossword



What's online

See today's answers at metronews.ca/answers.



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

7	1	6	5	2	4	3	8	9
2	3	8	9	1	7	6	5	4
9	4	5	6	3	8	2	1	7
5	6	4	3	8	1	7	9	2
1	8	7	2	9	6	4	3	5
3	2	2	7	4	5	8	6	1
6	5	1	4	7	3	9	2	8
8	7	9	1	6	2	5	4	3
4	2	3	8	5	9	1	7	6

		9				2		
			8		4			
8	4						7	9
		5	6	3	8			
4	6						5	1
		8	5		7	4		
1	2						8	7
			9		6			
		4				3		



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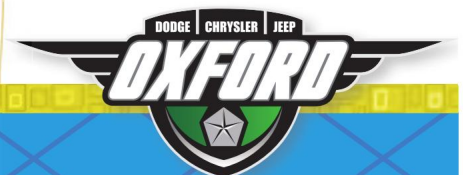
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